paleo pizza crust 12/05/2019

Nutrition Facts

Serving Size about 2 slices crust only (68g)

Servings Per Container 4

Amount Per Servin	ng	
Calories 230	Calories t	rom Fat 130
		% Daily Value*
Total Fat 14g		22%
Saturated Fat 2.5g		13%
Trans Fat 0g]	
Cholesterol 95mg		32%
Sodium 220mg		9%
Total Carbohydrate 17g		6%
Dietary Fiber 3g		12%
Sugars 2g		
Protein 8g		

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Vitamin A 2%	• Vitamin C 0%
Calcium 4%	• Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydra	ate	300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Eggs, Blanched Almond Meal Blanched Almonds, Arrowroot Starch/Flour Arrowroot Starch, Water, Olive Oil, Organic Coconut Flour, Tapioca Flour, Sea Salt, Baking Soda Sodium Bicarbonate.