

Maple Bacon Pancake Muffins
11/18/2019

Nutrition Facts			
Serving Size 1 muffin (88g)			
Servings Per Container 8			
Amount Per Serving			
Calories 290		Calories from Fat 220	
% Daily Value*			
Total Fat 25g			38%
Saturated Fat 6g			30%
Trans Fat 0g			
Cholesterol 90mg			30%
Sodium 390mg			16%
Total Carbohydrate 12g			4%
Dietary Fiber 3g			12%
Sugars 2g			
Protein 10g			
Vitamin A 2%		• Vitamin C 0%	
Calcium 8%		• Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: bacon, Eggs, Blanched Almond Flour, almond milk (unsweetened), erythritol, Avocado Oil, Organic Coconut Flour, Maple Extract, Baking Powder, Sea Salt.